



James Erskine Public School  
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**I am safe**

**I am respectful**

**I am a learner**

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# James Erskine Public School

## Herald Newsletter

ISSUE 2 FRIDAY 29TH MARCH 2019

### Important Dates

Term 1	Term 2
<b>April</b> 9th Top Steps 11th Easter Hat Parade K-2 12th Disco 12th Last day of Term 1	<b>Term 2</b> <b>April</b> 29th SDD 30th <i>First day of Term 2—Students Return</i> <b>May</b> 1st Cross Country 1-7th Teeth On Wheels Early Term 2—Naplan 29th Sibling School Photos 30th School Photos

### Assemblies for Term 2

K – 2 Assemblies– Term 2	
When	Run By
Wednesday 22nd May 1.45-2.45	2S
Wednesday 5th June 1.45-2.45	1C
Wednesday 19th June 1.45-2.45	1V

Years 3 – 6 Assemblies– Terms 2	
When	Run By & Item By
Wednesday 8th May 1.45-2.45	6G
Wednesday 29th May 1.45-2.45	4A
Wednesday 12th June 1.45-2.45	3W
Wednesday 3rd July 1.45-2.45	4/5K

Assembly of Excellence Friday 28th June



# News from the Principal

I would like to let you know that I will be on leave for the last two weeks of this term as well as the first two weeks of Term 2. During this time I will be travelling to Holland to spend some time with family and then taking the opportunity to tick some locations and experiences off 'the bucket list'. Most exciting will be attending the Dawn Service on ANZAC day at the Australian National Memorial (ANM) situated next to the Villers-Brettonneux Military Cemetery just north of the village of Villers-Brettonneux, France.

The ANM is the site of an intense battle fought over 101 years before as part of wider efforts to halt a German spring offensive which was threatening to win them the war.

Throughout early April in 1918 Australian units helped defend Villers-Brettonneux from this onslaught, but at dawn on the 24 April the Germans attacked and captured the town. Leading the British counter attack, the Australian 13 and 15 Brigades enveloped the town and successfully cleared it of Germans on 25 April, the third anniversary of the Anzac landings at Gallipoli. The Commemoration on 25 April 2019, not only commemorates this remarkable action which effectively ended the German offensive launched a month prior but also marks the 104 anniversary of the Anzac landings at Gallipoli.

During my absence, Ms Dunscombe will be relieving as principal.

Just a couple of reminders.....

**Payments** – a note went home to parents in the last few weeks – thank you everyone for your cooperation in ensuring payments are made by the due date. Should you require assistance with payment or a longer time to pay, please contact the school before the cut off.

**Absences** – all students are required to bring in a note explaining their absence from school. This note needs to indicate if the child was away due to illness or for some other reason. We are required – by law – to have all absences explained and this is checked every two weeks by the Home School Liaison Officer at our fortnightly visit. Thank you for your cooperation.

**Staff Car Park** – I have recently had a couple of conversations with parents with regard to picking up students from the staff car park. Anyone who requires special permission to collect students from the car park is welcome to visit the front office and organise a 'Parking Permit'. For the safety of all students, we ask that you **DO NOT** use this car park.

See you in 6 weeks...

Corinna Robertson

# News from the Deputy Principal

## School Photos

School Photos will be taken by The School Photographer in week 5 of term 2. Our main photo day will be Thursday 30<sup>th</sup> May and sibling photos will be taken, for parents wishing to purchase these, on Wednesday 29<sup>th</sup> May. Notes explaining how photos can be paid for will be sent home early next term and will be able to be downloaded from our website. Envelopes will also be sent home next term.

The School Photographer's preference for ordering is online to reduce administration and potential security issues related to the return of cash and envelopes on photo day. Orders for packages and sibling photographs can be placed securely online at

[www.theschoolphotographer.com.au](http://www.theschoolphotographer.com.au)

You will need to enter our school's unique Online Ordering Code once we have been issued with this number. Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed. Phone orders are not available for sibling payments on photo day.

Should you have any queries concerning school photographs or online ordering, please direct them via email to [enquiries@theschoolphotographer.com.au](mailto:enquiries@theschoolphotographer.com.au) or Call : 02 9674 9824

Students should be in full summer school uniform. Jackets and jumpers can be worn to school but will be taken off before class and individual photos.

## Teeth on Wheels

Earlier in the term notes were sent home to parents wishing to take up on the opportunity for their child/children to visit the mobile dentists provided by Teeth on Wheels. Teeth on Wheels first visits for the year will be in week 1 and 2 of term 2, from Wednesday 1st May through to the following Tuesday, 7th May. Forms were due back by Tuesday 19th March. If you require any further information enquiries can be made by calling: (02)7804 2822 or emailing –

[info@teethonwheels.com.au](mailto:info@teethonwheels.com.au)

# News from the Deputy Principal

## P&C Thank you

On behalf of the students and staff at JEPS, I would like to take this opportunity to thank our P&C for their relentless efforts in supporting the school. Specifically their work fundraising already this year has been amazing particularly considering the small core group that undertakes this work. I would also like to ask parents who are able to support the P&C with some time over the year particularly at Mother's Day and Father's day stall to sign up for 40 minutes or an hour to assist with the running of these events. We would love to have 1 or 2 parents from each class available to call upon over the year.



## Teacher Professional Learning


Last Wednesday the teachers and administrative staff at JEPS undertook professional training for 3 hours around a new program; Kindness on Purpose which we will be implementing with all students over the year. The purpose of the program is Increased empathy + increased emotional literacy = lower rates of bullying, better educational outcomes and lower rates of depression and anxiety. The program also aims at working on everyone being kinder to each other as well as to themselves. Teachers were very excited with this knowledge and are looking forward to our next session where we will learn strategies to work with the students. Sessions are planned for parents later in the year.



# News from the Deputy Principal

## Attendance

At JEPS we take the attendance of our students at school each day seriously as we know how much a student learns each day and how difficult it can be to catch up on learnt concepts. For the majority of our students their attendance rate is wonderful, being at or above 85% which is the target for NSW schools. Unfortunately we do have a number of students from each stage whose attendance rate for the year is already below 85%. More alarming is that for many of these students often notes are not brought in to school to explain their absence. At times even when notes seeking an explanation with the dates recorded are provided repeatedly to students their notes are not returned. **We ask that parents return a note explaining their child's attendance within 7 days or unfortunately their absence is recorded as unjustified.** Having an attendance rate below 85% with numerous unjustified absences will then require follow up with the Home School Liaison Officer (HSLO), who visits our school each fortnight to examine all of our attendance. Calls can also be made to the school, whilst your child is away. This information will then be provided to the class teacher. We ask that if your child is away for 3 days or more direct contact be made to the school please.




## EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...*

**Every day counts!**



Kind Regards

Kim Dunscombe

Deputy Principal

# Office News

Office Hours – 8.30am – 3pm

## Payment Date Reminders

### Closing dates:

End of Term School Disco – Fri 5 April – payments to classroom teacher

The permission notes are available on the school website in the **'Notes' Tab** and the 'Online' payment option is also available for your convenience.

For cash/cheque payments please ensure all notes & money are placed in one envelope. To assist the office whilst receipting multiple cash/cheque payments for your child or children, it is preferred you place all children's payments in one envelope.

\*\*\*The term 2 Fridge Flyer will be sent home at the commencement of term 2 containing the activities and events for the term.

## Stewart House Donations

Thank you to our students and their families that have made a \$2 donation to Stewart House. There is still time left to make a donation and go in the draw for the \$4000 holiday. There are spare envelopes available in the school office if you require one.

## Teeth on Wheels

Thank you to those families that have returned their completed Patient Details forms. The due date has passed (19/03/2019) and all forms have been forwarded to the dental service to prepare for their visit early next term. **Forms can no longer be accepted.**

## Whooping Cough (Pertusis)

The Ministry of Health is preparing a public information campaign about the dangers of Whooping Cough (pertussis), which has been increasing in incidence across NSW in 2018 and is expected to continue to increase in 2019. The Ministry has asked the Department of Education to support the campaign by sending information to primary and secondary schools

### **Keep coughing kids home and see your GP**

Whooping cough (also called pertussis) began increasing across NSW towards the end of 2018, especially in children between the ages of 5 and 14 years. NSW

School-aged children who are infected with whooping cough usually experience a troubling cough that can persist for months, but they rarely get severe illness. However they can spread the infection to younger siblings and other more vulnerable people, who are at higher risk of severe disease. Whooping cough can be a life threatening infection in babies.

### **What can you do to prevent whooping cough?**

1. Make sure vaccinations are up to date for all family members
2. Be alert for symptoms of whooping cough
3. Keep coughing kids home, to prevent them spreading the infection to others, and see your GP to get them tested for whooping cough

For more information on Whooping Cough and vaccination visit the [NSW Health Website](https://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx) (<https://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx>)

You can also find out about other important infectious disease alerts by visiting the [alertspage](https://www.health.nsw.gov.au/Infectious/alerts/Pages/default.aspx) (<https://www.health.nsw.gov.au/Infectious/alerts/Pages/default.aspx>)

### **Students Travelling by Bus – Opal card**

As part of our campaign against fare evasion, and our on-going commitment to provide the level of service needed to transport students to and from your school, Busways conducts regular checks of School Opal card.

**All students must be in possession of a valid Opal card or pay a fare.**

**Students in possession of an Opal card must also tap on/off with their card when boarding our buses.**

This is important, because the Opal data collected determines the level of service we are able to provide to your school. If students don't tap on and off, the services will appear underutilised and may be considered for cancellation based on low passenger numbers.



To apply for a School Opal card or to report a lost or stolen card, go on-line to [www.opal.com.au/en/about-opal/opal-for-school-students/](http://www.opal.com.au/en/about-opal/opal-for-school-students/)

Students who are ineligible for School Opal will need to purchase a Child/Youth Opal card or pay a fare to travel on our buses.

*Mandy Anderson*  
**School Administrative Manager**



# JEPS P & C NEWS

## Election Day Cake Stall & BBQ

With Term 1 nearly over already the P & C would like to take this opportunity to thank everyone that donated cakes to our Election Day cake stall and BBQ. A big thank you to Christina Pascal, Ms Dunscombe and Glenn Gandy (a poppy from our school) for giving up part of their day to help us run the BBQ.

## Uniforms

We are eagerly awaiting the arrival of our new school jackets and as soon as we have them we will post a notification to our JEPS P & C Facebook page. Please keep in mind that the original bomber jacket is still part of our school uniform.

## Krispy Kreme Fundraiser

We are excited to say that we have had a massive response to our Krispy Kreme donut fundraiser, thank you to all our amazing families for supporting the school. Donuts will be available for pickup from the hall on Wednesday 10th April between 2.30 and 6.00pm.



## Term 1 Disco

Its time to dance away the last day of term at our school disco on Friday 12th April. Notes have already gone home and must be returned with the money to your child's classroom teacher by 5th April. Spare notes are available from the front office.

We will have glowsticks for sale on the day at \$2.00



## Mother's Day Stall

With Mother's Day fast approaching we will be holding our stall on Thursday 9th May where we will have some gorgeous gifts for mum, grandma, nans and carers that we are excited to share with you. A note will go home early next term with more details.

Once again thank you to our JEPS families who continue to support our efforts.

**JEPS P & C**

# ASSEMBLY OF EXCELLENCE

Congratulations to all our students that received awards at our Term 1 assembly of excellence and to our newly inducted Captains. Vice Captains, Councillors, Sports Leaders and Student Representative Council members.

The following students received principal awards:

K Bears—Anthony and Kendall	1C—Jacob and Mason	2A—Elaina and Ali
K Foxes—Brooklyn and Fawaz	1D—Taleisha and Jonathan	2B—Harper and Ryan
K Owls—Chase and Layla	1V—Olivia and Luke	2S—Jayden and Jordan
K Racoons—Natania and Anique	1/2J—Finn and Hunter	
3B—Max and Monique	4H— Miranda and Roudi	5W— Jake and Zoe
3W—Mathaus and Savannah	4/5K— Josh and Esha	6G— Charley and Olivia
3/4C—Roumina and Lilly	5C—Brendan and Harrison	6R— Nadia and Jack
4A—Allira and Roudi	5P— Eshal and Ethan	6S— Olivia and Michael

The following students were presented with their SRC badges:

KB—Kendall	KF—Mitchell	KO—Sienna	KR—Lucas
1C—Harrison	1D—Bryon	1V— Madeline	1/2J—Caden
2A— Riley	2B—Natalia	2S— Jayden	
3B— Monique	3W— Hannah	3/4C— Riley	
4A— Allira	4H— Jordan	4/5K—Chelsey	
5C—Olivia	5P— Lara	5W—Jake	
6G—Ryan	6R—Regan	6S— Hamilton	





School Captains Nadia and Jack  
Vice Captains Nekea and Najib



School Councillors: Jordyn, Divyanka,  
Mustafa, Olivia, Zachariah and Kayla



Bennett Sports Leaders  
Cooper, Thomas, Kodey and Tahnee



Evan Sports Leaders  
Bree-Anna, Chelsea, Benjamin & Luke



Macquarie Sports Leaders  
Rachel, Sofia, Adriana and Brent



Marsden Sports Leaders  
Cruze, Joseph, Alissa and Hayley



# HARMONY DAY

Last week we had a fabulous day on Harmony Day. Students and staff enjoyed dressing in orange and completing some fun activities in the classroom. “The Protectors” show was extremely entertaining and all students were thoroughly engaged. Thank you to all those parents who allowed their child to participate in this worthwhile activity. We have included some photos from the day for parents to enjoy.









## NAPLAN Online

Our school will be transitioning to NAPLAN Online this year. This means our students in years 3 and 5 will complete the NAPLAN assessments online this year rather than pencil and paper.

The Year 3 writing test will continue to be paper-based, but all other Year 3 NAPLAN tests will be online. Our school has participated in a series of activities to prepare for the transition to NAPLAN Online. These preparation activities confirmed that our school is ready to transition to NAPLAN Online in 2019.

Our teachers and students will be involved in preparation and practice activities in the lead up to NAPLAN this year. This will include participation in a practice test during March, where students will have a further opportunity to become familiar with the online platform and the type of questions they will be asked in NAPLAN Online.

More information about NAPLAN Online, including the latest fact sheet for parents and carers, can be found on the NSW Department of Education's NAPLAN Online website.



NAPLAN Online

Years 3 & 5

May 14-24, 2019

# Dr Cameron

## The Story Doctor



On the 12th of March 2019, year 3 and 5 met Dr. Cameron Stelzer. He told us how he writes his books and the process of publishing books. We did an activity where there were two round of four minutes and we wrote about the complication of a story. He taught us how to use double similes in a descriptive way. Dr. Cameron asked us to pick an idea from the smartboard and write a story using the five senses. We really enjoyed it and we learnt a lot. We look forward to buying and reading his books.



## Year 1 Courtyard

Thank you to all of the parents, grandparents and carers for your cooperation in keeping the year 1 courtyard clear in the afternoons. This has helped the year 1 classes to remain settled after lunch and continue their learning time in the classroom right through to the end of the school day.



## Easter Hat Parade

It is time to start thinking about and designing your Easter hat or Easter basket for the Easter Hat Parade. Our annual Easter Hat Parade will be held on Thursday 11th April 2019. The parade will start at 9:45am under the COLA. Parents are welcome to join us for this event.







## STAGE 2 AND 3



On the 19th of March Senior Constable Daniel came to JEPS to talk to us about cyber safety. He said to us that the people online may not be your friends. You may think you are talking with "Emma Wilton a 14 year old girl" but you are really talking with "Bobby a 54 year old man! Then he spoke about age groups. Age groups are groups of ages. For example, ages 8 to 12. If someone you do not know is saying nasty things to you, tell a trusted adult. For example, a teacher, your mum, your dad, your brother or your sister that is over 16 and many more. Daniel said to never take selfies of your house number, house, street name or your private information.

By Hannah and Savannah 3W

On the 19th of March 2019 Senior Constable Daniel came to James Erskine Public School to talk to us about cyber safety. He taught us about the lasting effects that cyber bullying can have on people. Many people that go online say that they are someone they are not. He also told us that we should never give or personal information online to strangers. We should always keep our accounts on private and use random words for our passwords. Don't be scared to report or block people online and tell a trusted adult straight away. When you are online never take photos in your school uniform and think about what information it could give to people who see it online. If you ever need someone to talk to ,but aren't comfortable talking to your parents, kids helpline is always there to help you 24/7 so call 1800 551 800.

By Nekea and Divyanka 6S



## POLICE VISIT



## CLASS PROFILES

# KINDER FOXES

The Kinder Foxes have had a wonderful and busy start to the school year! We have so far shared wonderful memories together!

We have been using different resources to help us learn!



The Kinder Foxes have been working incredibly hard writing and representing numbers 0-10.







Here are some of our favourite memories in the classroom! We enjoy reading, writing, free play, singing and dancing!



## CLASS PROFILES



I have had a Fantastic start to the year and we are looking forward to learning so much throughout the year!



### English:

This term we have been doing some amazing learning including reading and responding to Aaron Blabey books. Developing our writing using interesting sentences focusing on ensuring adjectives are included.



### Creative Arts:

This Term We have enjoyed having our weekly Music lessons with Mrs Powell. We have also been working on creative artworks using warm and cool colours.



### Mathematics:

This term we have been learning to sort examples of 2D shapes from our environment around us. We have also enjoyed working on fractions through the use of food.



## CLASS PROFILES



During sport we have been rotating between different class sports. Newcomb ball elimination games are our favourite.



We loved using the trundle wheels to measure length in metres and centimetres.

Today in math we measured distances in metres and centimetres. We measured around the school using a trundle wheel. We used a trundle wheel because it is a metre. We know the diameter of a trundle wheel is exactly one metre because it clicks every metre. We enjoyed using the trundle wheel outside.



In History we are learning about commemorations and celebrations. In Week 6 we made pancakes together and learnt about Shrove Tuesday. We really enjoyed eating them together! They were delicious!



We know Riley is going to be a great class representative.



We **ADORE** being in **YEAR 3&4!**



# We **ADORE** being in **YEAR 3&4!**

## ENGLISH

This term we have been exploring different aspects of writing narratives. Recently, we have discussed the importance of writing to the appropriate audience. One activity involved us changing known stories to suit a selected audience.

One sizzling day a Chubby old lady  
called miss wishy washy instructed her  
animals not to go in the mud. The cow  
thought the mud looked <sup>extraordinary</sup> extraordinary so he  
jumped in. Then the pig came along and thought  
if I could JUST t-t-touch the mud but  
instead he bounced in. Then the duck came  
along she flapped her wings in delight. "Oh  
goodness" she cried "what a beauty this mud is"  
so she flapped in.  
- Lily

## MUSIC

We have really enjoyed our music lessons with Mrs Powell so far this term. We have been learning about the difference between beat and rhythm. We have also used a range of instruments.



In Art we have been creating artworks that use a mixture of warm and cool colours. We have also appreciated Paul Klee's 'Castle and Sun' artwork.





## CLASS PROFILES

# 5C Class Profile



5C have been visiting  
the science lab at  
EPHS.

They have learnt  
how to use the  
Bunsen Burners and  
have been  
completing  
experiments.



# 5C Class Profile



5C are typing out their narratives in the new computer lab.



5C were lucky enough to meet author Dr Cameron Stelzer.

They learnt how to write interesting narratives.



5C were learning about symmetry in Mathematics and decided to create some symmetrical artwork. It required concentration and patience. They are proud of their effort!



## SPORTS NEWS

### Sydney West Area Swimming Carnival

The following JEPS students qualified for the Sydney West Swimming Carnival which was held at the Homebush Olympic Centre on Tuesday 12th March– Isaac, Amelia, Blake, Marissa, Archie, Jai, Jake, Mikayla, Lara, William, Isabella and Luke

To qualify, the students needed to be placed in the first three in freestyle and the first two for all other strokes.

Our 4 JEPS relay teams also successfully made it through to compete at the carnival.

**Jnr Girls**– Novalee, Saige, Marissa and Teagan

**Jnr Boys**- Archie, Blake, Jai and Jeremy

**Snr Girls**– Lilith, Mikayla, Isabella and Lara

**Snr Boys**– Luke, Jack, William and Jake

Congratulations to all of these fantastic swimmers who proudly represented the St Marys District on the day.

A special congratulations to Mikayla who qualified in backstroke for the State Swimming Carnival. Well done!



**SPORTS NEWS**

## PSSA TRIALS for ST MARYS DISTRICT TEAMS

On Friday 8<sup>th</sup> March 40 students were selected to represent JEPS at the St Marys PSSA trials. The gala style day was held to select district teams which will go on to compete at the Sydney West team carnivals. The sports included netball, touch, softball, AFL, rugby league and soccer. All JEPS students displayed a positive attitude towards competition and excellent sportsmanship during the trials. Special mention to Mrs Williams who had the very difficult job of selecting 10 players for the district netball team when 78 came for selection. Miss Borg will be coaching the district boys soccer team and she also faced a difficult task of choosing her team from over 80 boys. It was a very hot day and we would like to thank the many parents who came to cheer on our students. We acknowledge the tremendous effort from Erskine Park High School Year 8 students who came along to umpire netball (Holly and Brooke), touch (Tyra Leigh), soccer (Josh and Leon).

Congratulations to the following students who have made St Marys District teams:

Netball - Nekea

Softball - Riley, Kaden, Lucas & Elijah

AFL- Joseph

Open rugby league - Cooper, Ethan

11 Years rugby league - Jaiden, Tyrone & Braiden

Soccer - Mikale, Zac D, Jake B & Brent

Touch- Cooper



## SPORTS NEWS

# PSSA Knock Out Boys Cricket

## Wednesday 13th March



Wednesday started off with rain, but that didn't stop the PSSA knock out boys cricket team. At recess time, we made our way to Emu Plains fields to play our first round knock out game against Leonay Public School.

Unlike other years, we didn't have as many students who have played cricket in the past. This gave other students a chance to play a sport that may have been a bit out of their comfort zone. It was hard to tell though as some of these students may have a future in cricket after watching secret talents emerge.

Unfortunately, JEPS didn't get the win, but this was definitely a day to remember. The sportsmanship within the team was outstanding and they should be extremely proud of their effort.

Great work boys, I look forward to watching you do it all again next year.

Mrs Spratt





-an innovative and exciting way to learn-

Thank you to all the families that donated resources for our new kitchen. As always we were overwhelmed by your generosity.

Currently a number of children are involved in Kids' Kitchen and we are continually looking for ways to extend this project to as many children as possible.

These children are working in small group settings with cooking as the tool for learning

- budgeting
- shopping
- mathematics
- reading
- writing
- sustainability
- social conversation
- etiquette
- responsibility

This term we have been cooking out of a frypan. It's a bit like camping!

Imagine all the amazing things we'll be able to make when our Kitchen Kart arrives in early May. The kitchen Kart is a compact mobile kitchen that comes complete with oven, stove top and even a kitchen sink.



Take a look at some of the dishes we have already created and read some of our reviews from our budding chefs.





### Valentines Day Biscuits \*\*\*\*

A bit tricky cutting out the top heart without breaking it. So sweet and yummy to eat.



### Zucchini Fritters \*\*\*\*

Zucchini fritters were great. I think it needed something like Aioli for taste. I would highly recommend these for an afternoon snack. The nutritional content is high.



### Corn Fritters \*\*\*\*

The Corn Fritters were delicious. I want to make them for dinner and show everyone in my family how delicious they are. I hope to make these again.



### Ham and Cheese Pancakes \*\*\*\*

The savoury pancakes were delicious. I loved it better than the other food we've made.



### Fruit Pancakes \*\*\*\*

Of all the meals we've made I liked this the best.



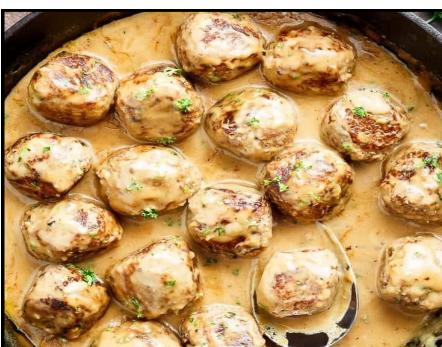
### Chicken Fried Rice \*\*\*\*\*

The Chicken Fried Rice was phenomenal with the chicken and egg. The only down side was that it needed a lot of Soy Sauce to make it taste extraordinary.



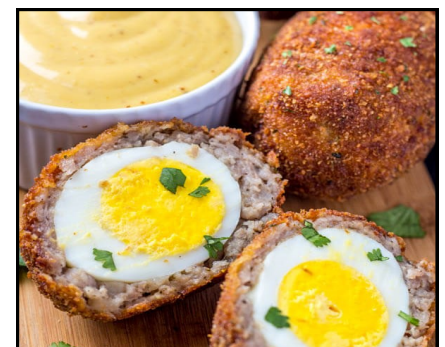
### Chicken Pies. \*\*\*\*\*

The Creamed Corn and Chicken Pie melted in your mouth like Fairy Floss.



### Swedish Meatballs \*\*\*\*\*

These were amazing and the ballistic (Basmati) Rice was also great. The sauce was fantastic. This is a one of a kind dish.



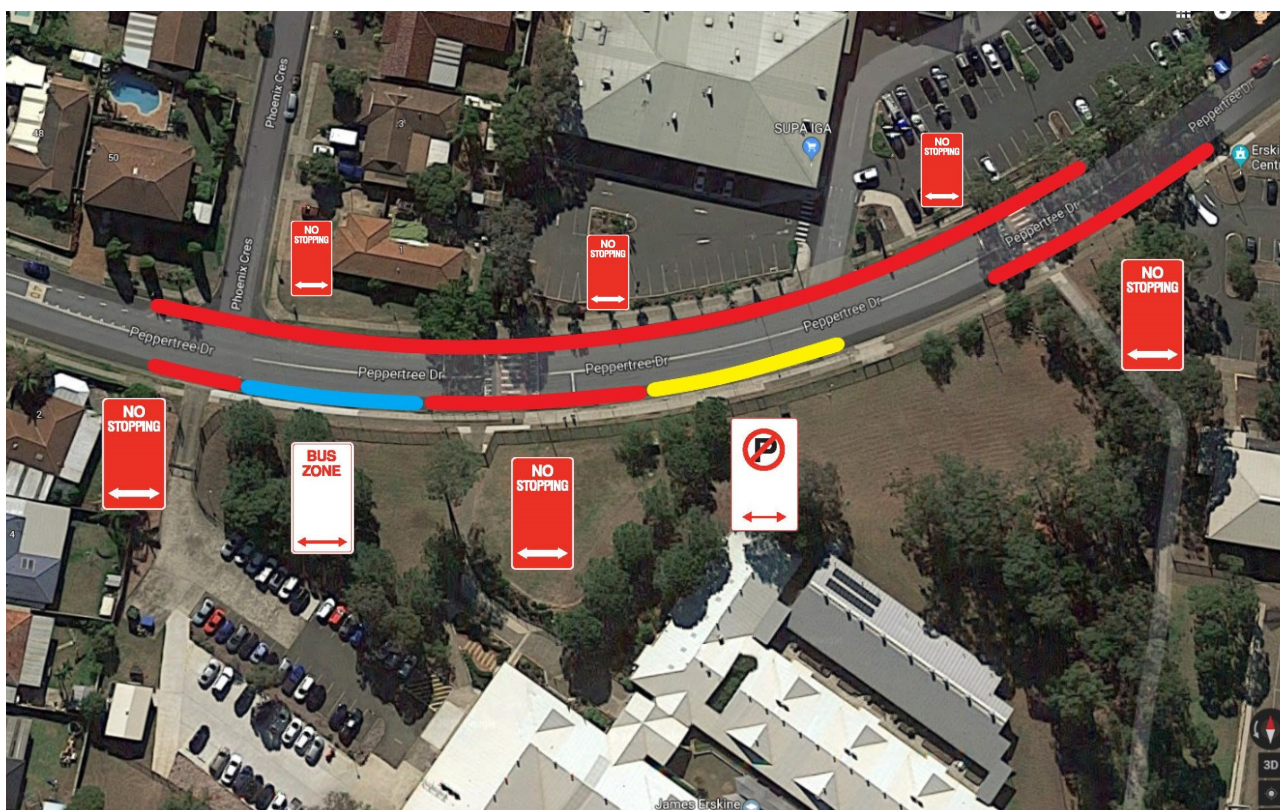
### Scotch Eggs \*\*\*\*\*

The Scotch Eggs were great! The flavour was great but the crust went a little hard. I would highly recommend this served with Chilli Sauce. It was one darn good dish.



## Parking and Traffic Rules in School Zones














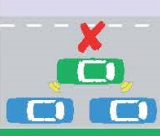





NSW Police have asked us to remind parents to be aware of the various no stopping, no parking and bus zones outside of the school on Peppertree Drive. Please ensure that you check street signage and park according to the road rules in school zones. The map below is a guide to the zones out the front of the school. We believe there will be some monitoring of this area.



# Parking and traffic rules in school zones

You need to take extra care when driving and parking in school zones. Make sure that you and your child understand the road rules. If you break the traffic rules in a school zone you are putting not only your child but other children at risk. The parking and traffic rules around our schools are there to protect your children. If you break the rules you will be fined. **Please choose safety over convenience.**





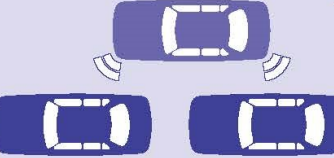



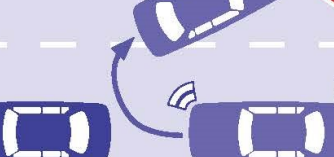



## QUICK REFERENCE GUIDE TO IMPORTANT SAFETY TRAFFIC RULES

ZONE	WHAT DOES IT MEAN?	WHY IS IT THERE?	PENALTY	DEMERIT POINTS*
	You cannot stop in a <b>NO STOPPING</b> zone for any reason (including queuing or waiting for a space). 	Keeps clear sight lines between drivers and children / pedestrians.	EXCEEDS <b>\$330</b> 	(School Zone) <b>2</b> 
	You can stop in a <b>NO PARKING</b> zone for a max. of two minutes to drop off and pick up passengers. If no spaces are available you cannot queue on the road way or in any other zones while waiting for a space. You will need to drive away and park elsewhere, only returning when there is space to pull up. You must stay within 3 metres of your vehicle at all times and cannot leave your vehicle unattended.	Provides a safe place for children / pedestrian set down and pick up.	EXCEEDS <b>\$183</b> 	(School Zone) <b>2</b> 
	You must not stop or park in a <b>BUS ZONE</b> for any reason (including queuing or waiting for a space) unless you are driving a bus. If times are shown on the sign, you are not allowed to stop during those times.	Provides a safe place for large buses to set down and pick up school children.	EXCEEDS <b>\$330</b> 	(School Zone) <b>2</b> 
	You must not stop on or within 20 metres before a <b>PEDESTRIAN CROSSING</b> or 10 metres after a crossing unless there is a control sign permitting parking.	So drivers can clearly see pedestrians on the crossing.	EXCEEDS <b>\$439</b> 	(School Zone) <b>2</b> 
	<b>DOUBLE PARKING</b> You must not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.	Double parking blocks visibility and forces other cars to go around you.	EXCEEDS <b>\$330</b> 	(School Zone) <b>2</b> 
	You must not stop on any <b>FOOTPATH</b> or <b>NATURE STRIP</b> , or even a <b>DRIVEWAY</b> crossing a footpath or nature strip for any reason.	You could easily run over a child or force pedestrians onto the road to get around you.	EXCEEDS <b>\$183</b> 	(School Zone) <b>2</b> 

**Please note:** The above information is current as of 1 December 2017. Penalties set by NSW State Government and reviewed on 1 July each year.



## Safety tips for school zones:

<b>EXITING THE CAR</b> 	 Make sure children use the footpath-side door when getting in and out of a car.	<b>APPLY BRAKE</b> 	 Make sure the park brake is applied when the vehicle is stationary.
<b>PARKING</b> 	 <b>NEVER</b> double park.	<b>CROSSING</b> 	 <b>NEVER</b> park across a pedestrian crossing.
<b>NO U-TURNS</b> 	 <b>NEVER</b> undertake a U-turn in close proximity to the school.	<b>NO 3 POINT TURNS</b> 	 <b>NEVER</b> undertake a three-point turn in close proximity to the school.

## Safety tips for students:

<b>BUCKLE UP</b>   Stay buckled up until the vehicle has stopped.	<b>STORE ITEMS</b>   Make sure your school bag and other items are in a safe position.	<b>BE READY</b>  Be ready to get out of the car with your belongings when the car has stopped and you have unbuckled your seat belt.	<b>EXIT SAFELY</b>  Always get in and out of the back seat through the safety door - the rear footpath-side door.
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## Demerit Points:

\* The **Demerit Points** Scheme is a national program that allocates penalty points (demerits) for a range of driving offences. A driver who has not committed any offences has '**zero**' points. If you commit an offence that carries demerit points, the points are added to your driving record. If you incur the threshold number of demerit points within a three-year period, a licence suspension or refusal is applied. The three-year period is calculated between the dates the offences were committed. It ends on the day your most recent offence was committed.

For further information regarding demerit points please visit: [rms.nsw.gov.au/roads/safety-rules/demerits-offences/](https://rms.nsw.gov.au/roads/safety-rules/demerits-offences/)

## HEALTHY EATING IDEAS

# Pack your child a HEALTHY LUNCH BOX

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat  
& alternatives



A Healthy Lunch Box



MAKE WATER  
YOUR DRINK



PACK ICE BRICKS  
TO KEEP FOOD  
COOL



USE A THERMOS  
TO KEEP FOOD  
WARM



Health  
Western Sydney  
Local Health District