# Stage 2 Offline Home Learning Timetable- Term 3 - Week 9

Week	Monday 6 <sup>th</sup> September	Tuesday 7th September	Wednesday 8th September	Thursday 9th September
Morning:	Wellbeing	Wellbeing	Wellbeing	Wellbeing
	Choose one wellbeing activity from the grid to complete.	Choose a new wellbeing activity from the grid to complete.	Choose a new wellbeing activity from the grid to complete.	Choose a new wellbeing activity from the grid to complete.
	Reading	Reading	Geography	Reading
	1. Read a book of your choice for 15 minutes.	<ol> <li>Read a book of your choice for 15 minutes.</li> </ol>	1.View the Floral Emblems information page.	1. Read a book of your choice for 15 minutes.
	2. Read the poem 'Words are Tricky.'	2. Read the story 'A picnic for Tortoise.'	2. On the next page, label the floral emblems. Colour them in	2. Read the 'Stellarphant' comic
	<ol><li>Complete the letter swap/ rhyming activity. Draw a picture for each.</li></ol>	<ol><li>Create a fourth member of the tortoise family.</li></ol>	their correct colours, cut them out and glue them onto the Australian map in their correct place.	use the comic template to continue the story into the next episode.
	Spelling  1. Brainstorm as many 'y' words as possible.  2. Take a look at the list words	Grammar  Complete the homophones worksheet for they're, their and there.	Handwriting Complete either the year 3 or year 4 worksheet.	Spelling  1.Write the spelling words that are verbs.
	and record at least 10 words. 3. Write 5-10 sentences using these words.			2. Write the spelling words that are adjectives.
				3.Write the definition of 5-10 of your spelling words.
	Fitness	Fitness	Fitness	Fitness
	View the yoga poses worksheet. Choose 5 yoga poses and hold them for 30 seconds. Repeat 3 times.	Play outside! You might like to do some of the following or come up with your own idea. Jump on your trampoline, run around your backyard, go for a bike ride with your parents' permission, kick a ball, star jumps or create a dance.	View the yoga poses worksheet from Monday. Complete each yoga pose for 30 seconds.	Play outside!  You might like to do some of the following or come up with your own idea. Jump on your trampoline, run around your backyard, go for a bike ride with your parents' permission, kick a ball, star jumps or create a dance.

		Middle:	Break
Solve the addition algorithms, with and without trading. Solve the word problems and show working out	Mathematics Times tables- 4, 5 and 6	Science  Draw a picture of each situation and draw an arrow to show the direction of force in each picture.	
Solve the subtraction algorithms, with and without trading.	Mathematics Times tables- 4, 5 and 6	Writing  Behind the News  Watch Behind the News Classroom Episode 26 on TV channel ABC Me at 10am.  Write down 7 – 10 facts that you learnt while watching this episode.  Answer the question: What was your favourite story and why?  -Write in full sentences -Re-read and edit your writing	Break
Cut out the tangram outline. Use <b>all</b> the pieces to create the animals on the next page	Mathematics Times tables- 4, 5 and 6	Informative writing note taking Informative writing note taking Today we are going to do some informative writing and take some notes about the African Buffalo.  It is important that you hold onto these notes as you will need them for tomorrows writing task.  Look at the Writing an information report poster to understand what each subheading means.  Read the facts about the African Buffalo. Highlight keywords as you read facts about the African Buffalo.  Buffalo. Highlight keywords as you read facts about the African Buffalo.	Break
Complete the Angles and Area activity worksheet.  You are going to write your name in capital letters on grid paper. You are then going to find and label all of the angles you can see in your name. After that,	Mathematics Angles and Area in Names	Information Report  Today we are going to write an information report about the African Buffalo.  Look at the writing an information report poster to understand how to set out your work.  Use your notes and keywords from yesterday to write an information report about the African Buffalo.  Include:  -A title -Sub-headings -Paragraphs -Full sentences -Re-read and edit your writing Optional: Add a scientific drawing (labelled diagram) of the African Buffalo at the bottom of your information report. A scientific drawing is made by using a lead pencil and accurately drawing the animal and labelling its body parts.	Break
Activity: Number of the dayCircles and Squares (2- or 3-digit) -Hexagons and Triangles (3 or 4 digit)	Mathematics Mathematics	Create an acrostic poem on the word 'kindness'.	Break

House Hold Items Treasure Hunt. Use the worksheet provided to draw what you find around your house matching the description.	1. Create an R U OK flower. Recording different ways to check in on family and friends on each petal. (See the R U OK Day page). AND/OR Choose something from the R U OK Day grid.	1.Play some music of your choice. Have fun using your bodies to play along. You could clap, stamp, pat or click along to the music.  2.Put on a show for your family that shows off your body percussion skills. Show off your skill to the rest of the family. You can use music of your choice for this.	How can I build positive relationships with others?-Identifying Emotions and Challenges  Complete the worksheets on Identifying Emotions and Challenges.	Complete a writing piece on the topic 'If I were my teacher for a day'.	
Friday Fun	R U OK Day	Music	PDH	Writing	Afternoon:
Break	Break	Break	Break		Break
Complete the number of the day questions on paper for a larger number (5 or 6 digit)					
OPTIONAL EXTRA-					
-Use your number to complete all sections on the number of the day page in your workbook.					
-Use a die to roll a number or if you don't have a die - choose a 2,3 or 4 digit number	you will work out the area of your name.				

## from the grid each day! Try one activity

# Stage 2

# Wellbeing Matrix

(G)

### PLAY IT

Play a board game or card game with your family. NOT an online game.

### READ IT

all about it. Can they guess other text and tell an adult 🚜 🌡 useful out of things you find what you read?

Read a book, magazine or Build something clever and

### MAKE IT

Ask your family to join in to see Make a sculpture from playdough or clay.

who can create the best masterpiece

around the house.

### **GROW IT**

planting new things, mowing weeding garden beds, Do a bit of gardening:

Podcast on your favourite

Listen to some music or a

**LISTEN TO IT** 

the lawn etc

# COLOUR IT

mindfulness colouring picture Add fine details to create a and colour it with someone. favourite mythical creature. Draw a picture of your

TALK IT OUT

about things that are on your Have a chat to an adult mind. Good things and Not-so good things.

# MOVE IT

Do some exercise. Maybe a run around the yard.

and see who can do it in the Create an obstacle course

tastest time.

# **BLOW IT**

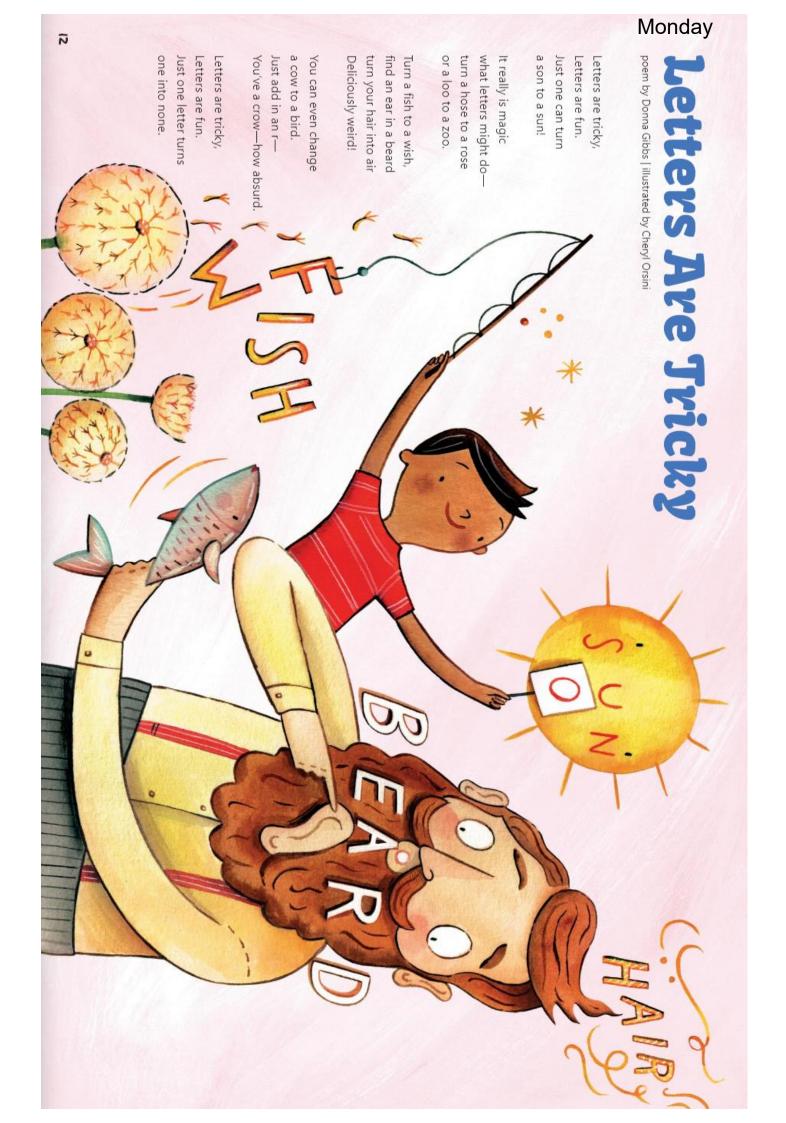
Make a great bubble mixture What recipe works best for and make some bubbles. your bubbles?.

# **CHALLENGE IT**

Challenge someone in your family to try a skill you are great at eg: handstand, jumping. Who will be the winner?

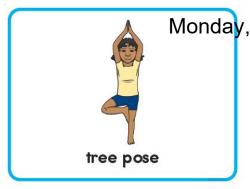
### RELAX IT

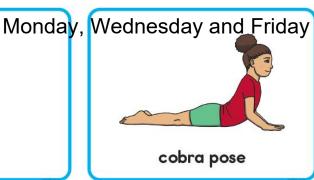
Co outside, lay on your back What shapes do you see and look up at the clouds.

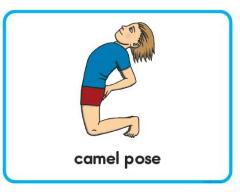


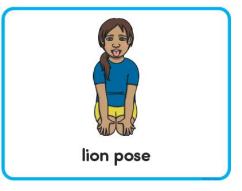
a lake into a	a pan into a	a pen into a	a cat into a	a dog into a <u>log</u>	Letters are Tricky Activity Letters are tricky, letters are fun. Just one could turn
					Activity  ne could turn
a scar into a	a frown into a	a mouse into a	a clock into a	a swing into a	a bun into a
	·			-	

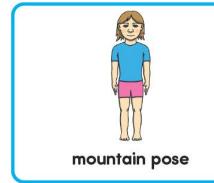
				List Words		
year knew young yard few used beautiful use new you'll yesterday using  Extension Words  curiosity neutral eucalyptus amuse humorous human manufacture nephew  1. Brainstorm as many 'y' words as you can.	you	yard		you've	yourself	used
few used beautiful use new you'll yesterday using    Extension Words   Curiosity   Neutral   eucalyptus   amuse   humorous   human   hallelujah   eu neutral   ew few   yuh   u   e tune   u   argument   manufacture   nephew    1. Brainstorm as many 'y' words as you can.	your	yellow		you're	cube	useful
new you'll yesterday using  Extension Words  curiosity neutral evaluate of failure au pursuit hallelujah eu neutral ew few yuh u_e tune u argument  Extension Words  curiosity neutral eucalyptus amuse humorous human manufacture nephew	year	knew		young	yard	during
Extension Words  Curiosity neutral eucalyptus amuse humorous human manufacture nephew  1. Brainstorm as many 'y' words as you can.	few	used		beautiful	use	
yoyo yoo ue rescue eu beauty failure ui pursuit eu neutral ew few yuh u_e tune u argument curiosity neutral eucalyptus amuse humorous human manufacture nephew	new	you'll		yesterday	using	
curiosity neutral eucalyptus amuse humorous human manufacture nephew  1. Brainstorm as many 'y' words as you can.				Evtor	nsion Words	
y yoyo yoo ue rescue eucalyptus amuse human hallelujah eu neutral ew few yuh u e tune u argument manufacture nephew  1. Brainstorm as many 'y' words as you can.						opportunity.
million u computer eau beauty failure ui pursuit hullelujah eu neutral ew few yuh u_e tune u argument humorous human manufacture nephew  1. Brainstorm as many 'y' words as you can.	yoyo	yoo ue	rescue			opportunity
hallelujah eu neutral ew few yuh u_e tune u argument manufacture nephew  1. Brainstorm as many 'y' words as you can.	million		beauty			rescue universe
1. Brainstorm as many 'y' words as you can.	hallelu <b>j</b> ah	eu neutral				Universe
			argument	Mandaciole	Hepriew	
	1. Brainsto	orm as manv 'v'	words as	vou can.		
3. Use your spelling words to write 5-10 sentences.						



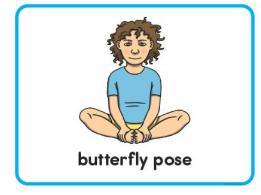


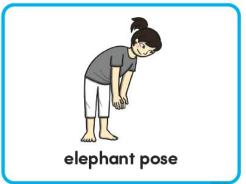


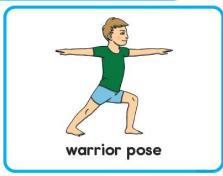


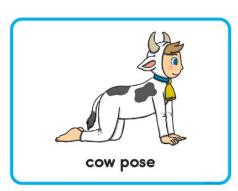








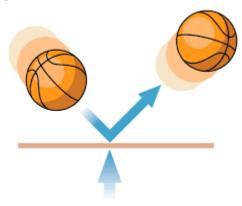








For example: When a basketball is bounced, gravity makes the ball go down towards the ground and then it bounces back up.



Draw a picture of the following situations and draw an arrow to show the direction of force.

Pushing a trolley	
Rain falling from cloud	
People having a tug of war fight	
Car driving	
Jumping into a pool	

WORKING OUT

#### **Monday Maths**

Solve these addition algorithms-

Solve these addition algorithms with trading

Sally tosses a coin. She tosses 85 heads and 76 tails.



How many times was the coin tossed?

The coin was tossed \_\_\_\_\_\_ times.

There are 175 frogs in one pond and 53 frogs in another pond. How many frogs in all?

There are \_\_\_\_\_ frogs in all.

3) In a baseball game, 258 adult tickets and 125 children tickets are sold.
How many tickets are sold altogether?

There are \_\_\_\_\_ tickets sold altogether.

Jasmine counts 151 cars going to school.



She counts 123 cars coming back home.

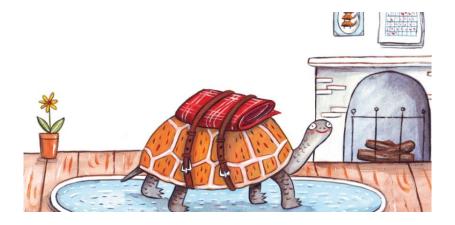
How many cars does she count in total?

She counts \_\_\_\_\_ cars in total.

#### If I were my teacher for a day...




#### A Picnic For the Tortoise Family



English folktale retold by Karen Jameyson , illustrated by Cheryl Orsini

ONCE UPON A TIME Mother Tortoise, Father Tortoise and Baby Tortoise decided to have themselves a lovely picnic. Now tortoises are not known for speed, so it took them some time to plan where to have the picnic. But finally they decided on a pretty little park, even though it was quite a way away. Then they organised the things they needed to take along.

Baby Tortoise went to find a blanket to go on the ground. Father and Mother Tortoise got the picnic hamper out. Then they filled it with all their goodies: lemonade, strawberries, grapes, hard-boiled eggs, sandwiches, carrots, cheese, bread and tinned applesauce. They added some carrot cake and chocolate brownies too. After about three months, they were finally ready to go.

Off they went. They walked. They walked some more. (Did I mention that tortoises aren't too quick?) They kept walking. After about a year, they needed a break and stopped under a shady old tree.

Once they were rested, they set off again and walked and walked and walked.

Finally, in a few years, they got to the pretty little park and put the hamper down.

'Whew!' said Father. 'All that walking has made me very hungry.'

'Well, it won't be long now,' Mother Tortoise told him.

'We'll just get these delicious things unpacked.'

So they took everything out and put it all on the picnic blanket. Did I say everything? Well, almost everything. Unfortunately, they'd forgotten to bring the plates.

'Oh dear!' exclaimed Mother Tortoise. 'Well, Baby Tortoise, you'll just have to go fetch them for us. We can't enjoy our picnic without plates.'

'But I don't want to go back all the way!' whined Baby Tortoise. 'You'll eat everything before I get back!'

'Of course we won't,' Father Tortoise told him. 'We promise we'll wait for you.'

'Oh well,' sighed Baby Tortoise. 'If you promise ...' And off he went across the grass.

As they'd said, Mother and Father waited. They waited a month. They waited a year. They waited three years!

'My goodness, my tummy is rumbling,' said Mother Tortoise. 'But I know we promised to wait.'

So they waited some more. After five years, Father Tortoise said, 'I wonder if he decided to have a snack at home before coming back? Well, we're hungry too. Perhaps we can have just a few strawberries while we wait.'

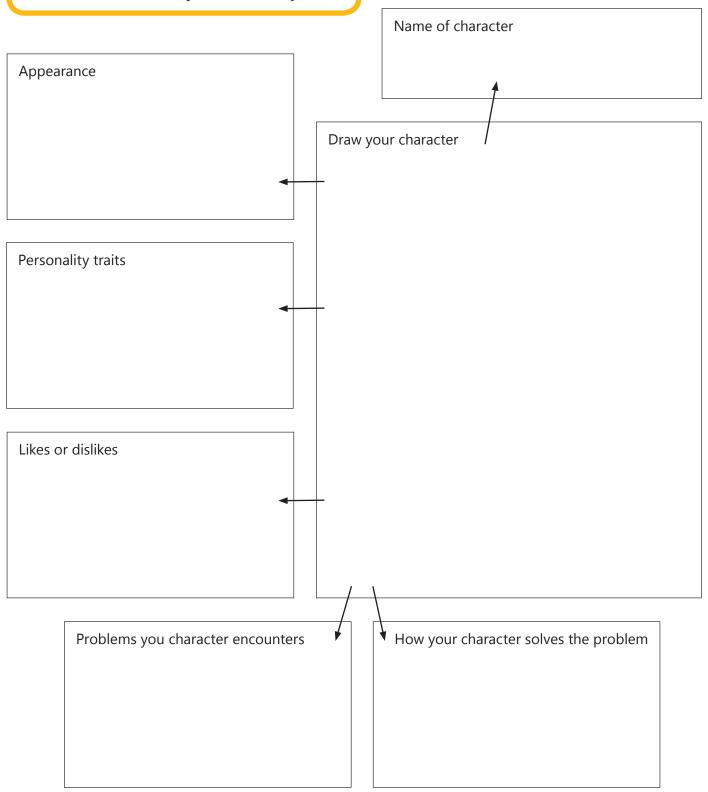
'Yes,' agreed Mother Tortoise. 'Surely a few strawberries won't matter.'

So they reached for the strawberries. But just as they were about to pop a few in their mouths, they heard a familiar voice.

'I knew you wouldn't wait for me!' It was Baby Tortoise, who'd been hiding behind a rock all that time. 'Just as well I didn't go back to get those plates!'

#### A tortoise character

Use this character map to help you invent a fourth member of the tortoise family. Give your character lots of personality to help persuade the reader to love him or her just as much as you do.







#### Homophones Practice: They're, There and Their

Complete these sentences using the correct homophone. The first three have been done for you.

- 1. "Look at the beautiful rainbow over there!" gasped Lydia.
- 2. The one with the white fence is their house.
- 3. Do you think they're hiding?
- 4. Put the book over \_\_\_\_\_ on the shelf.
- 5. \_\_\_\_\_ bus was running late.
- 6. The cold wind made \_\_\_\_\_\_ teeth chatter.
- 7. Could they be in \_\_\_\_\_?
- 8. Blue sweets are the best; \_\_\_\_\_ my favourites.
- 9. Ava and Lucas put \_\_\_\_\_ hands up at the same time.
- 10. Are you sure \_\_\_\_\_ not real?
- 11. The new teacher got \_\_\_\_\_\_ books in a muddle.
- 12. I went \_\_\_\_\_ last summer too!
- 13. Is \_\_\_\_\_ a doctor anywhere near?









Write 7 - 10 facts from the episode that you just watched.

1.

3.

4.

5.

6.

7.

8.

9.

What was your favourite story and why?

Success Criteria
At least 7 facts
Correct punctuation .!? Aa

Correct punctuation .!? Aa Full sentences

Re-read and edit

10.

2.

#### **Tuesday Maths**

#### 1. Solve these subtraction algorithms (no trading)-

#### 2. Solve these subtraction algorithms with trading-



#### 3. A little harder now.....

# Tuesday How can I build positive relationships with

# Identifying emotions others?

describe strategies to manage them. Students: During this activity you will recognise your emotional responses and those of others and

- What are emotions?
- How can emotions be shown?
- Read the scenario.

to go to school but Mum and Dad send you anyway. At school your teacher asks for due, you argue with your brother and the model is smashed to pieces. You don't want you to hand your project in and you say you haven't done it." "You have spent 10 weeks making a model for your school project. On the day that it is

- 2) Discuss with someone how the following people would react to the scenario. What emotion would they show?
- Parents/caregivers
- Teacher
- Best friend
- Brother
- Anyone else you can think of



may use a behavioural strategy more than once. you think is best. You can add your own behavioural strategies in the blank boxes. You Read each scenario and then draw a line from each scenario to the behavioural strategy

Table 1 Identifying emotions – pick a strategy

Scenario	Draw an arrow	Strategy for dealing with it
You are very worried about a friend who is being bullied and they are very upset.		
You get angry because your teacher says you must stay in at recess because you didn't do your homework, even though you did.		Tell an adult
You are very excited because you have just been told that you are school captain for next year but aren't allowed to tell anyone.		Walk away from the situation
You are feeling a little scared because your friends want to play 'tackle footy' instead of touch.		Calm down before responding - count to 10, take 5 deep breaths
You are panicking because you can't find your blue socks for soccer training and you are running late.		Think about alternatives
You are confused about what to do for a school project. It is due tomorrow and you don't know what to do.		

education.nsw.gov.au © NSW Department of Education, Sep-21

# 3) Read the scenarios and write how you would respond.

Table 2 Identifying emotions – what would I do?

Scenario	What would I do?
Your best friend has been selected for the school netball team, but you didn't. They keep talking to you about how great a netballer they are now and how awesome the team is. It makes you upset, angry and frustrated. What do you do?	
Your birthday is coming up and you have invited everyone from your class to the party. No one has responded and you are feeling really upset. You don't understand why your friends aren't coming.	
You have been working very hard during Maths class at school. You receive your test marks and you haven't scored as well as you thought you would. You feel disappointed.	

## Challenges

During this activity you will propose ways to respond positively to challenges. Students:

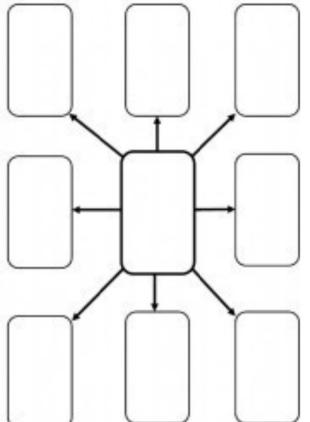
- 1) Discuss with someone the following questions:• What is a challenge?
- Are challenges the same for everybody? Why?
   Complete the table below.

Table 3 Challenges

Challenges	Possible emotions	List strategies that can help you overcome your challenge
You were unsuccessful in being selected for the sporting team you trialled for.	Angry Disappointed Upset/sad	
You have been asked to help a non-English speaking child who has arrived at your school.	Worried Frustrated Scared	
You have broken your arm, the one you write with, but you want to keep up with your schoolwork and not fall behind.	Worried Upset/Sad Confused	

#### Write a:

- Challenge you have faced or are facing in the middle of the mind map Strategies you have used or could use to help you face your challenge. (Not every box has to be filled.)



#### Floral Emblems of Australia Wednesday

Each state and territory in Australia has a floral emblem which represents a popular plant from that area. Use the information to help you to complete the activity on the next page.

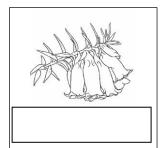


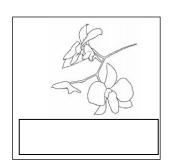
#### Wednesday

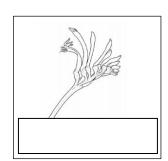
#### The Floral Emblems of Australia

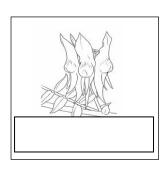
Each state and territory has a floral emblem which represents a popular plant from that area. <u>Label</u> the floral emblems. <u>Colour</u> them in their <u>correct</u> colours, <u>cut</u> them out and <u>glue</u> them onto the Australian map in their correct place.

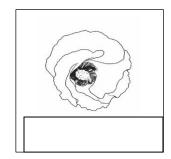


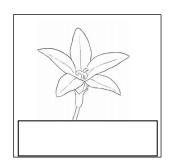
















#### Diagonal Joins to Ascenders

#### Writing Time Year 3

Name:	Date:
ab	ah
ak	al
ch	ck
d	đ
eb	el
et	ht
ilo	Ü
lk	lt.
mt	nt
th	wb

#### Wednesday

#### Diagonal Joins from q and z

#### Writing Time Year 4

Name: Date:	
gu	
gu	
V	
gu	
1 <i>V</i>	
gu	
Za	
l	
Zl	
7/	
20	
<u></u>	
Zl	
7.0	
20	
Z//.	
ZM	
L9	
7.0	
ZL	

#### Writing an information report

#### Title

#### Classification

What are they?

What family do they belong to?

What is their scientific name?

#### Description

What do they look like?

What body parts do they have? Use adjectives to describe the shapes, colours, sizes and textures.

What do they use these body parts for?

#### Diet

What do they eat?

Are they herbivores, carnivores or omnivores?

#### Habitat

Where do they live? E.g. rivers or grasslands

What parts of the world are they found in?

#### Interesting Facts

Include facts that are special about the animal that you have not already mentioned in your report. You might like to use the words did you know?

#### African Buffalo

Scientific Name: Syncerus caffer Average life span in the wild: 11 to 22 years

Type: Mammal Average life span in captivity: Up to 29 years

**Diet:** Herbivore Size: 1 – 1.5m tall

**Group name:** Herd **Weight:** 300 – 800kg

The African Buffalo is known for its size, moody behaviour, and its ability to charge with no warning. The African Buffalo has been said to be one of the most dangerous animals to hunt on foot.

Buffalos live in mixed herds often numbering hundreds of individuals. They are not territorial because they are bulk grazers and need to find suitable grazing and water each day. A buffalo can drink 35 litres of water at a time in a matter of minutes. Buffalos have poor eyesight and hearing, but they have an excellent sense of smell. They use this sense of smell to find food or detect danger and predators nearby. These incredible animals can also swim and will cross rivers into areas better suited for grazing.

Buffalos mainly eat grass. They will even eat swamp or marshy materials. Buffalos are gregarious and will change their eating habits to their surrounding circumstances.

The African Buffalo is found in different parts of Africa. They prefer to live in vast open Savannah grasslands where there is long grass to graze on. The African Buffalo also lives in bushlands and lowland rainforests. They can also be found in reeds or in riverbeds as they rely on a good source of fresh water to be nearby. They spend a lot of time wallowing in the water and mud holes. Buffalos are often seen thickly covered in a layer of mud.

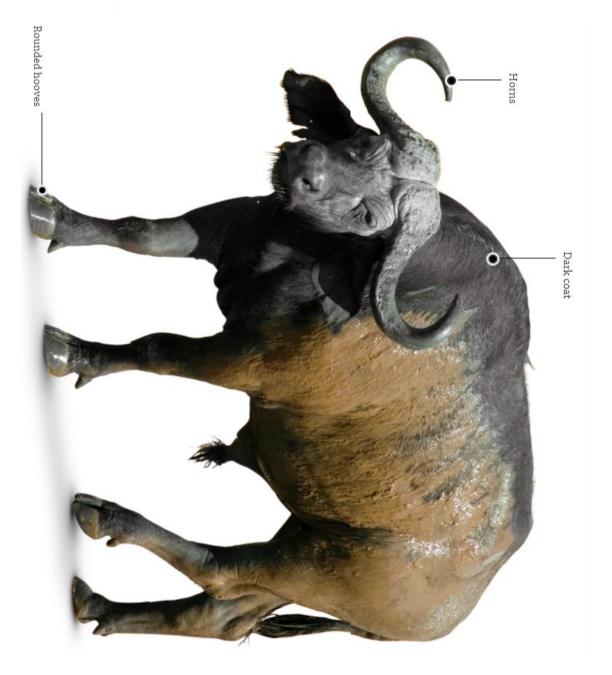


# African buffalo

×

The African buffalo is one of the biggest and most dangerous grassland animals. It is found in varied habitats up to 4,000m (13,200ft) high. It needs to drink daily, however, so it is never more than about 15km (9 miles) from water. The male is often almost twice the weight of the female, has stronger horns, a thicker neck, and a shoulder hump. Males also have a small, hanging fringe of hairs on the throat, called a dewlap. African buffaloes feed at night and at cool periods of the day, on grasses, leaves and other plants. They are sociable animals and often gather in herds of 2,000 or more when there is plentiful food.

African buffaloes are large and dangerous. An adult male can even kill a lion.

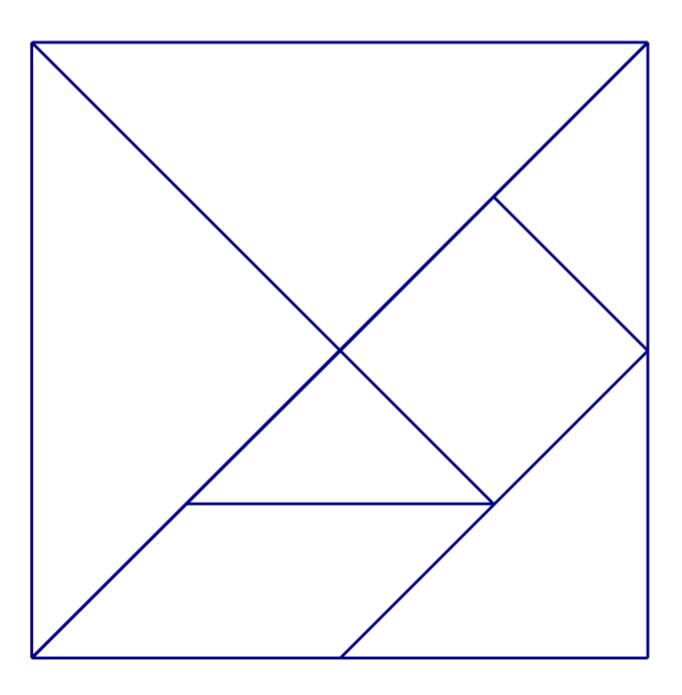


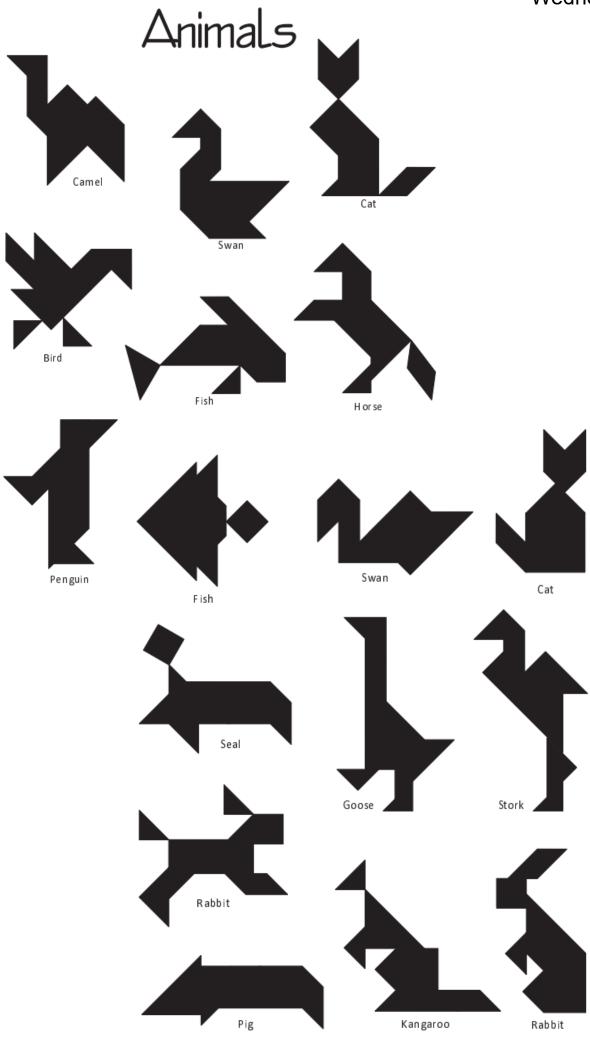
Note Taking Template	te
Classification	
•	
•	
Description	Diet
•	•
•	•
•	•
•	•
•	•
	•
	•
Habitat	Interesting Facts
•	•
•	•
•	•
•	•
•	•
•	•
•	•

#### Tangrams

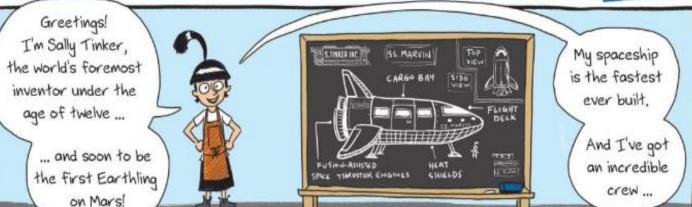
Tangrams were invented in China approximately 200 years ago A tangram is a two-dimensional re-arrangement puzzle.

Cut out the tangram and create the puzzles on the next page













How did Joe get a baby elephant? And will it fit in the overhead compartment? Find out in the next issue!

Thursday

How did Joe get the baby Continue into the next ep	elephant? And voisode below	vill it fit	in the o	overheard c	ompartmer	nt?
						twinkl.co.uk



1.	Verbs are words that describe an action (doing words). Write out all of the spelling words that are verbs.
2.	Adjectives are words that describe something. Write out all of the spelling words that are adjectives.
3.	Choose 5-10 words and write their definition <u>using a dictionary of Google.</u>

Thursday - Information Report - African Buffalo

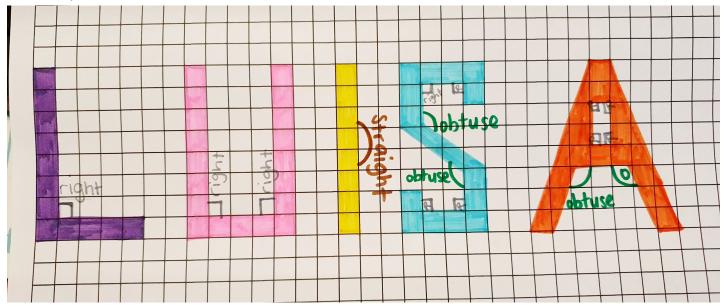
#### Angles and Area in Names

Today you will write your name on a sheet of graph paper using block capitals. Try to make it look as pretty as possible. Avoid using curved lines.

#### Activity 1

Once you have written your name, you will then find and label the angles in your name. Right angles, acute angles, obtuse angles and straight angles.

#### For example:



#### Activity 2

Calculate the area of your name. I wonder who will have the smallest and the largest area in your class? Remember to use units squared as your unit of measurement.





									Th	nurs	sday
)											



Page 2 of 2



#### A CONVERSATION CAN CHANGE A LIFE

R U OK? inspire and empower everyone to meaningfully connect with the people around them and start a conversation with those in their world who may be struggling with life.

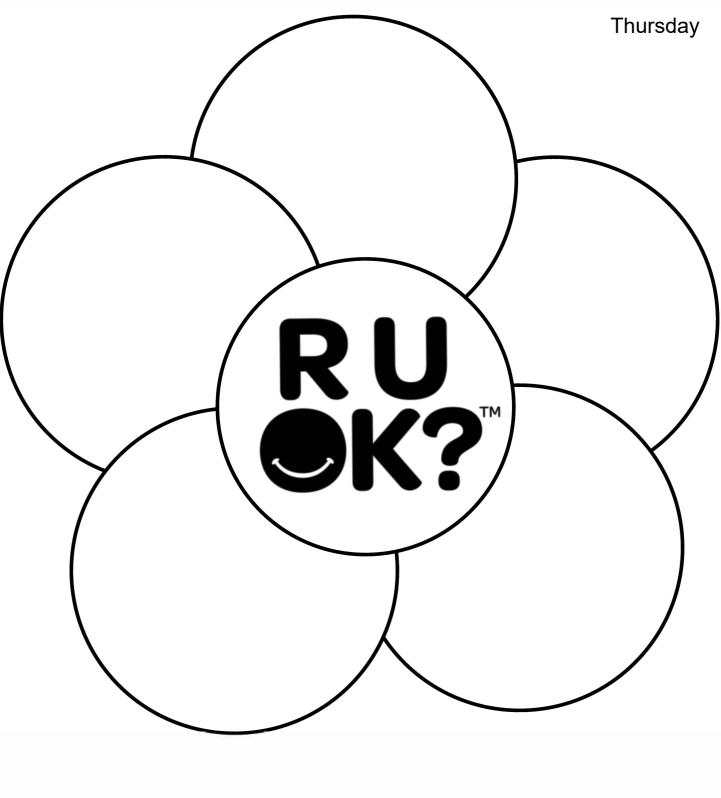
You don't need to be an expert to reach out - just a good friend and a great listener.

Use these four steps and have a conversation that could change a life:

- 1. Ask R U OK?
- 2. Listen
- 3. Encourage action
- 4. Check in







# PW OH! Day

A matrix to help students and families celebrate R U OK? Day on September 9th no matter where they are!

This an Empowering Learning Together Resource

Create a FlipGrid Video telling some jokes. Send it to a family member or friend to make them smile!	Draw a mindmap of your support network and people you can go to for support.	Make a poster to promote R U OK? Day. Put it up somewhere so others can see it.	Draw a chalk drawing on your driveway or nearby foothpath to brighten up someone else's day!
	Make a Warm Fuzzies jar. Decorate the jar and add pieces of paper with things you love about each family member or your class mates.	Interview a grown up about R U OK? Day. Ask them for some ideas of what you could say to a friend who was not feeling ok.	Learn some breathing exercises to help you relax when you are feeling upset or worried.
Do some yoga with Cosmic Kids. Create some of your own moves.	Create a space just for you. Add your favourite books, activities, colouring in or drawing materials you like to explore and create with.	favourite song. Video it	Make some positive affirmation cards. I am grateful for I am proud of I feel calm when My smile is
Make a care package with a card, craft and/or little gift to give to a friend or family member to show you are thinking of them.	items that make you	pictures from a magazine and create a collage showing different emotions	Make a life size 'hug' and send it to someone special.



#### My Book Review

Title:	
Author:	
Did you like the book?  Rate the book by colouring in the stars.	
What was your favourite part?	
Draw your favourite scene from the book.	



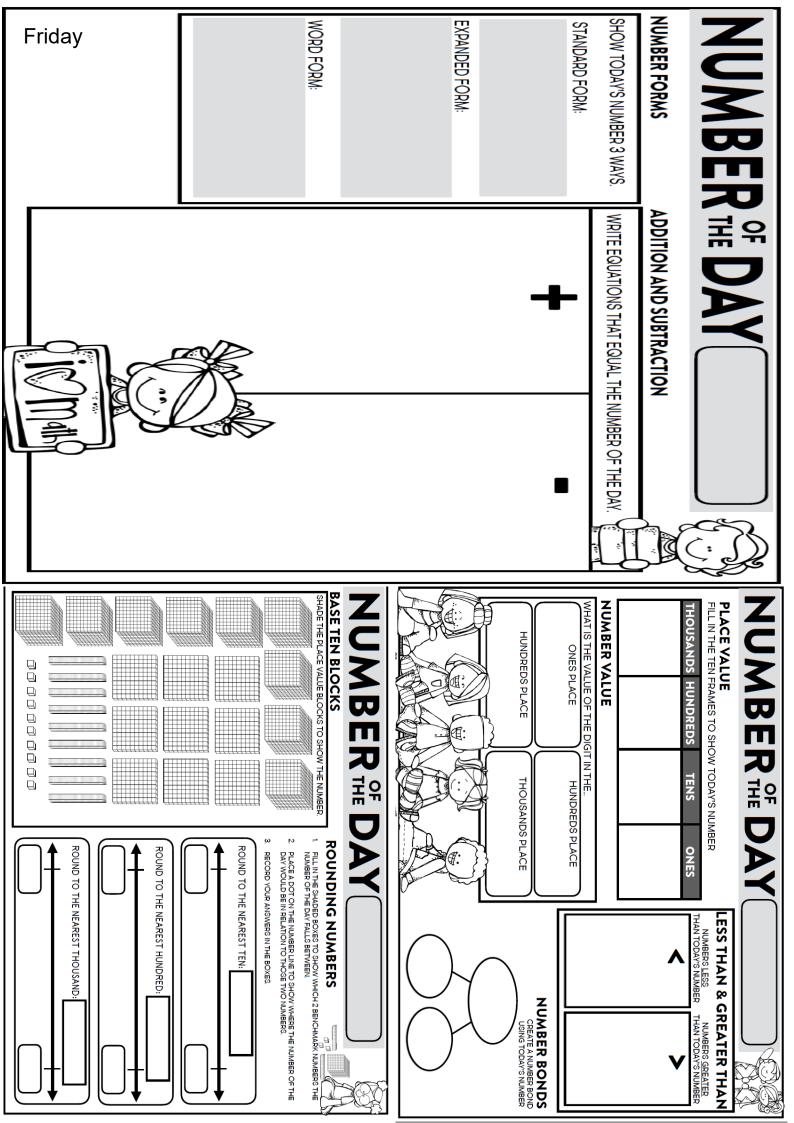


#### Kindness Acrostic Challenge

K	
Ι	
N	
D	
N	
Ε	
S	
S	







#### Friday

#### Household Items Treasure Hunt

Look around your house to find items that solve the clues. Draw the items in the boxes. Will everyone in your house find the same things? Can you find something different? Can you find and draw...?

