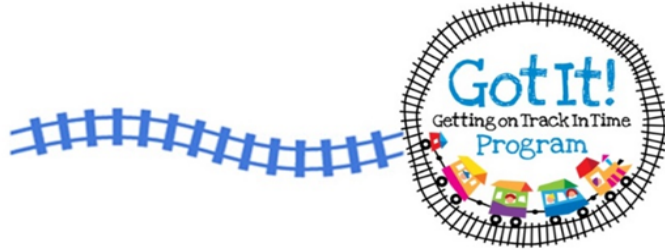


# Got It!



## Setting Up Home Learning

Is your child getting distracted during home learning?

Setting up a home learning environment with few distractions can be difficult.

Some things to consider include:

- Turn on lights and open blinds.
- Remove or put away items not needed for the task being done. Cover items that are distracting with a towel if they cannot be moved.
- Ensure your child has access to all the items they need for the task before starting.
- Avoid completing work on the child's bed and pack away any toys not needed for the task.
- Minimise noise by having predictable quiet times. Consider closing doors and windows if there is noise outside.
- Encourage children to take breaks outside multiple times a day.

